

BEAT THE CREDIT CRUNCH WITH

"YOU CAN'T SAY NO  
TO WORK..."

•DIY PUNK ROCK FUNZINE, FOR FALCONS ONLY.

FREE

INSIDE:

- LOCAL BANDS!
- RABBITS!
- HATE!
- YEAH!

#13

UNLUCKY FOR SOME...





317 BUCKS Will  
NUNEATON  
WARWICKSHIRE  
CV10 9LD  
ENGLAND


OR jonfwest@hotmail.com OR  
www.myspace.com/youcantsaynohope  
LETTERS ARE MUCH NICER!

HELLO! WELCOME TO "YCENTH..."  
ISSUE 13, A SPLIT WITH THE AWESOME  
"RIPPING THRASH", A 'ZINE I'VE BEEN READING  
FOR WELL OVER TEN YEARS, NICE ONE  
STEVE! HOPE YOU ENJOY IT!

### DISTRO!

I TAKE A LITTLE FREE DISTRO TO  
GIGS, SO IF YOU'VE GOT OUT YOU  
WANT ME TO SPREAD OUT AROUND  
THE ENGLISH MIDLANDS (ZINES/CDS/  
WHATEVER) THEN GET IN TOUCH. I'LL  
TRADE FOR COPIES OF THIS, PAY POSTAGE  
OR GIVE YOU A FEW QUID!

CHEERS + HELLO TO STEVE, ALEX, DANN, AXON, ROBBY (SAYON MAKE ME WANT TO WANK  
FURIOUSLY), ALL MY AWESOME FRIENDS IN NUNNY, ALL THE LOCAL BANDS, LOVELY FOLKS  
WHO PUT GIGS ON IN NUN, CV, BRUM, NOTTS + LEAMINGTON,  
PEOPLE WHO SEND/GIVE ME 'ZINES + DEMOS, REAL ACE, CIDER,  
... OH, + MY DAD!

Love  


SOUNDTRACK: JESUS OF SPAZZARETH,  
CANCER KIDS, NONE OF YOUR FUCKING  
BUSINESS, THE DONNAS, SYMPHONIC  
VAGINAS, PITMAN, KATE BUSH.

⊗ FEEL FREE TO MAKE YOUR OWN COPIES!  
SPREAD THE WORD.

DECEMBER 2009 HA HA!  
ALL SORTED MARCH 2004





# FOLLOWING RABBIT TRACKS IN THE SNOW.

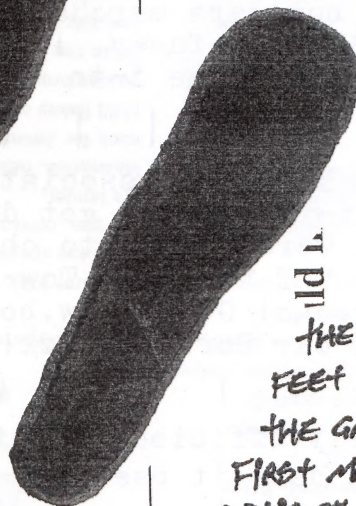
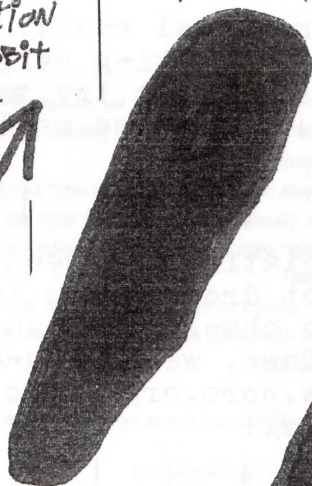


THE AWESOME SNOWY WEATHER EARLIER THIS YEAR  
ALLOWED ME TO DO THIS FOR AN AFTERNOON, ONE  
OF MY FAVOURITE WAYS TO WASTE TIME OUT IN THE  
FIELDS, ACE!

DIRECTION  
OF RABBIT  
TRAVEL



BACK FEET



up

THE FRONT  
FEET HIT  
THE GROUND  
FIRST MAKING  
A PAIR OF SMALL  
PRINTS, THEN

GET OVERTAKEN BY  
THE BACK FEET IN A KIND  
OF GALLOP LEAVING A  
PAIR OF LARGER PRINTS  
IN FRONT.

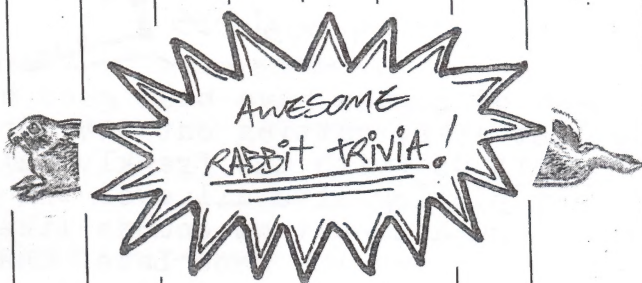
FRONT  
FEET

from:  
- time



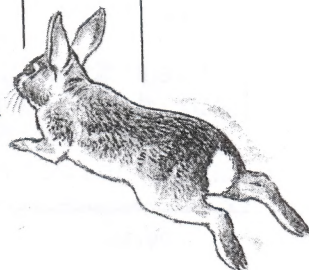


ALTHOUGH RABBITS ARE EVERYWHERE, THEY'RE SURPRISINGLY DIFFICULT TO SIT DOWN + WATCH CLOSELY. THEY AREN'T KEEN ON PEOPLE + CAN EASILY KNOW IF YOU'RE SNEAKING UP AS THEY'VE GOT AWESOME HEARING + A GOOD SENSE OF SMELL, SO THEY BUGGER OFF BACK UNDERGROUND PROPER QUICK. THEY'RE MOST ACTIVE AT DAWN + DUSK IF YOU FANCY SPYING ON 'EM...



- THEY EAT THEIR OWN SHIT! DIRTY LITTLE BUGGERS! THE LITTLE ROUND PELLETS WE ALL SEE HAVE BEEN THROUGH THE RABBIT TWICE, THE FIRST SHIT IS ALL LIQUIDY + CRAPPED OUT UNDERGROUND WHERE IT'S EATEN IN ORDER TO GET MORE NUTRIENTS.

- THEIR REPRODUCTIVE SYSTEM IS EVEN WEIRDER THAN THEIR SHIT EATING HABIT. NOT ALL LITTERS THAT ARE CONCEIVED ARE BORN, WHEN TIMES ARE HARD THE EMBRYOS DIE IN THE UTERUS + ARE RESORBED THROUGH THE MOTHER'S TISSUES....





## SHIT HOT NUNNY BANDS!

IT'S BEEN BLOODY AGES SINCE I DID A LOCAL BAND ROUND-UP TYPE THING, SO HERE'S INFO ON A FEW OF THE MORE ACTIVE FOLKS HERE IN SUNNY NUNEATON. SORRY THERE'S NOT MANY POSTAL ADDRESSES, BUT YOU CAN WRITE VIA ME + I'LL PASS STUFF ON. ALL THIS LOT ARE INVOLVED IN DIY GIGS, SO IF YOU FANCY PUTTING 'EM ON OR PLAYING HERE THEN DROP 'EM A LINE.

### NONE OF YOUR FUCKING BUSINESS

This bunch of rogues have been good and busy in the last year, putting out two CDr demos and a split CD (with the frankly shite Dik Guru), and playing live all over the place. Great fun drunk punk that sounds like the Toy Dolls covering the Macc Lads. They brought Spanish street punks Von Danikens over for a few gigs (during which they had the worst merch-man ever, me) and took a trip over to Espana in return (not with me though, haha!).

You can pick up their CD for about a fiver from the band or via Winston Records, so get in touch! [tom.sidwell@hotmail.co.uk](mailto:tom.sidwell@hotmail.co.uk) or [myspace.com/noneofyourfuckingbusinessuk](http://myspace.com/noneofyourfuckingbusinessuk) or [steve.argyle@ntlworld.com](mailto:steve.argyle@ntlworld.com) or [myspace.com/winstonrecordsltd](http://myspace.com/winstonrecordsltd)

### BRONZE MEDALS

This lot are a pretty new band that've impressed me when i've seen them live. Intricate angular indie type stuff from cool local lads, including

Mikey from Youves. They've got a three track CDr demo outw which is well worth a listen, get it via [bronzemedals@googlemail.com](mailto:bronzemedals@googlemail.com) or [myspace.com/bronzemedals](http://myspace.com/bronzemedals)



## EFFERVESCENT

Muneaton's longest running pop punk band have just starting gigging properly after having a while of inactivity which is cool to see as they're a great bunch of lads and always good fun. They've had a couple of CD albums and an EP out over the years which are still available from them or through [www.interpunk.com](http://www.interpunk.com), and are trying to sort stuff out for they're third album, so watch this space. Get in touch via [dave\\_effers@hotmail.co.uk](mailto:dave_effers@hotmail.co.uk) or [myspace.com/effersuk](http://myspace.com/effersuk)

## MOITESSIER

Really cool DIY indie pop featuring Pictures Paint Words and ex-Holy Smokes folks here. They've put out a couple of CDr demos with awesome handmade covers and are gigging about the local ~~area~~ area. They feature my house mate Alex on guitar so you can write to 'em at the address in the ~~front~~ front of this 'zine, or via [moitessier@hotmail.co.uk](mailto:moitessier@hotmail.co.uk) or [myspace.com/moitessieruk](http://myspace.com/moitessieruk)

ANY LOCAL THRASH/GRIND BANDS OUT THERE?

PLEASE!

## Monk smoking out wasps burns down temple

A Japanese monk trying to rid his temple of a hornets' nest panicked when the wasps flew out at him and dropped a flaming stick, burning his temple to the ground, police said yesterday. The Buddhist monk put lighted rags on the stick, prodding it into the nest, but dropped it and ran as the hornets appeared, said Yuichi Ozaka,

a Niigata police official. He said Atsushi Sato, 41, had burns on his ears, face and left hand, but had not been stung. The temple in the city of Ojiya, northern Japan, was burned to the ground, along with the nest, Yuichi said. Police said Atsushi's burns were not life threatening. AP Tokyo

INSECTS -  
RELIGION - 0

HAAAA!



# HUNGOVER RUNNING ABOUT IN THE RAIN FUN!

IF YOU'RE STUCK FOR ANYTHING TO DO IN NUMNERS OF A SUNDAY MORNING YOU SHOULD GET DOWN TO TOMKINSON ROAD REC + WATCH ME RUNNING AROUND ~~NUMNERS~~ IN THE MUD (OR MORE LIKELY SAT ON THE BENCH SHIVERING) FOR THE CROWN FC, THE FOOTIE TEAM I JOINED IN THE SUMMER. WE'RE CURRENTLY NEAR THE BOTTOM OF DIVISION FIVE OF NUNEATON + DISTRICT SUNDAY LEAGUE, BUT JUST WATCH US CLIMB UP THE TABLE IN THE NEW YEAR!

I'VE NEVER PLAYED FOOTIE BEFORE (I WAS INTO THE ATHLETICS + CROSS COUNTRY WHEN I WAS A KID) BUT IT ALL SEEMS TO BE GOING PRETTY WELL, DESPITE ME BEING OUT WITH A TWISTED KNEE FOR THE LAST FEW WEEKS. ALL THE LADS ARE COOL + WE'VE GOT JUST THE RIGHT BALANCE OF CARING ENOUGH TO WANT TO WIN BUT STILL HAVING A LAUGH + NOT BEING DICKHEADS.

SO FAR WE'VE HAD A BROKEN ANKLE, A BROKEN FOOT, BRUISED RIBS, A COUPLE OF DODGY KNEES, A DODGY GROIN, + A SHADY BACK. I'LL UPDATE THIS INJURY LIST NEXT ISSUE!

Division Five

	P	W	D	L	F	A	Pts
Kelly's Bar	8	7	1	0	52	10	22
Clock (Ath) Res	10	5	2	3	40	42	17
Bed Mount Ples	6	5	1	0	42	6	16
Wanderers	6	5	0	1	19	11	15
Saunders FC	8	4	2	2	26	20	14
Baddes Soc Res	7	4	1	2	24	14	13
Alties FC	9	3	4	2	26	21	13
Att Pots Res	11	3	3	5	29	35	12
Griff & Ctn Res	10	3	1	6	19	19	10
Hayrick 3rds	8	3	1	4	19	20	10
The Crown (Nun)	12	3	0	9	26	70	9
Nun Twn Com 3	8	2	2	4	20	17	8
Wentworth War	9	0	0	9	18	75	0

The Crown picked up their third league win of the season, in **Mark Blair Mortgage & Finance Division Five**, as they beat Alties by the odd goal in seven.

Graham Elliot scored two of The Crown goals, Adam Hughes and Dave Foreman the others, as they won 4-3.

BEER, SEX, CHIPS 'N' GRAVY  
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SEX-KING DRAWN

+SUPPORT

£4

THE CROWN  
NUNEATON



8



**HAPPY BASTARDS - BOX OF HARD KNOCKS CD**

This is pretty stunning, a CD full of great songs. It's easy to tell they know what they are doing, and playing songs that are full of passion, full of melodies and great fast punk sensibilities. Female vocals that bite, with that have a modern AVENGERS, NAKED AGGRESSION vibe to them. Great intros to the songs, that get you in the mood for their foot stomping, fist shaking punkrock. Great lyrics top it off, although not straight in your face - you have to read between the lines. Excellent CD. (MelH)

PROFANE EXISTENCE RECORDS, PO BOX 8722, MINNEAPOLIS MN 55408, USA.

**SUBMERGE - CD**

I think this is a demo CD from this French band, if it is they've put a lot into it. Really nice 3 coloured screened printed cover and lyrics included. 8 songs of heavy grind, with plenty of crust, blast beats to keep it all in place. Excellent quality, great songs, recording quality and anarchist lyrics. Just check it out. (MelH) WWW.SUBMERGE.FR.

**DISCORDE - SECONDE DEMO 1996**

Dunno if it is from 1996 as there isn't any info with it. Anyway this French lot seem influenced with DISCHARGE and straight ahead early 80's UK punk. I thought it was going to be a lot more d-beat, going by the cover - but no. So that gives them a bit more originality than just sticking to the basics. Good fastish pace and interesting songs. (MelH) (sorry, couldn't find any contact info)

**RAW NOVEMBRE - MY BONES CD**

God, I haven't heard these guys in years. This CD seems like a best of comp. I was always impressed by them as they made great and original music. They are heavy, without being metal, melodic with out being pop. Heavy punk, like KILLING JOKE, BAD INFLUENCE and a more tuneful AMERIX. While I'm sure they would be other bands to compare them to, that's all you're gonna get from me. They have a dark, brooding atmosphere and pull it off well. If you fancy something that isn't punk by numbers, then I urge you to check these guys out. (MelH) WWW.DISTORTTHESCENE.COM

**SARISSKA NA TERKA - A I UZ CD**

Wow, I'm totally impressed with this band from Slovakia. 16 songs of a fantastic mix of punk, h/c and a little metal. All quality stuff, good song structures and a great vibe. Haven't a clue what they are singing about as there are no lyrics or anything. Really worth your time. (MelH)

WWW.ORT.SK/NATERKA

**NO SUBSTANCE - THE LAST SEVEN SONGS CD**

As the title may suggest, these are the last seven songs of NO SUBSTANCE - as they are no longer going. Seems like they had a blast while they were going. Seven songs of excellent hardcore punk, pretty fast from start to finish - but with plenty of melodies and good sung/shouty vocals. Excellent political songs to boot. I hope these guys are now in equally as good bands. (MelH)

£3.50 post paid: AT THE LIBRARY RECORDS, PO BOX 1398, SOUTHAMPTON, SO16 9WX, UK.

**GIGLINGER - DISTORTION+**

Metal stuff that you won't even care about. (MelH) WWW.GIGLINGER.COM

**DECADENCE WITHIN - REFLECTIONS Double CD**

I have been listening to DECADENCE WITHIN since their first 7". That 7" and the tracks on the Shall We Dance comp were excellent, original and different. They had talent and I expected a lot from them. But for me, they got too technical. Off course they knew what they were doing, but quite frankly after This Lunacy LP came out (which I did buy at the time and still have) I just was bored with what they were doing. For me simply and catchiness, along with good tunes is better. All I can add is that the lyrics were fucking fantastic, pity about the later music. (MelH)

BOSS TUNNAGE, PO BOX 74, SANDY, BEDFORDSHIRE, SG19 2WB, UK.



4. You've become quite a staple part of city gigs in Liverpool do you have plans to tour? If not I'm looking forward to your gig with F.A.D.s.!!

4. obviously we'd love to tour, but we're a new band of people who've been involved in the general scene for a long time so we understand it takes time for your band to get heard.  
at the moment we're mostly just looking to play more gigs across the uk, the gig with fubar and captain cleanoff should be a great night! but i'm really happy we have recently begun attempting to organise a mini tour of the european mainland, possibly in september so if anyone would like to help feel free to get in touch!

5. Although on the whole i'd say you're all about the power/lorenz, there's a few parts of your recording that hint at other directions (such as the almost black metal riff on track 12). Would you say that you plan to expand on the pv blueprint in new songs you write or is the plan to concentrate on perfecting what you're already doing or do you think the whole sub genre thing is divisive and therefore compromises unity within the diy scene leading to further elitism where there should be co-operation? **EVERYONE** **THE LOWEST AND WORST WORDED QUESTION**

5. it's funny you should mention the opening of track 12 (super villains) as during the writing process it was referred to as "black metal" before it was named.  
we don't really have a plan as such but it's fairly safe to say we like the short, to-the-point, blasting power/lorenz. it's become a bit of a rarity these days, and as one of our major influences it's just the way we were always going to sound. there's no real desire to have a specific sound, we all love different genres of music and have nothing against trying something a bit different, as maybe with track 12 or 6 (today's serving of tedium) we like to change it a bit, perhaps drop the more regular hardcore approach and try something a little more "exotic" so the songs don't all end up sounding the same.  
The new stuff so far seems to be getting faster and shorter, we wrote one the other week and were shocked to learn it was nearly 3 minutes long...it'll have to be shortened!

As for the whole sub-genre thing...that's a can of worms not worth opening. the scene is already small enough without further division. whether a band is hardcore, punk, power/lorenz etc we are mostly on the same side so let's keep it that way.

7. Paul also plays in charger, other than this are there any other bands linked to ocksen?

7. yeh paul is the drummer for charger, both he and bob did dual vocals for mechaquodzilla for a while, and were both in a band called ignomimus about 10 years ago. paul was also in redright and along with tom, who was also playing bass in charger for a while and plays in cracked cop skulls and ches is the drummer

for deep sea dumping

8. Right cheers for your answers! anything else to add?

8. just to thank everyone who helped with the european fastness compilation, anyone who's offered us a gig or come to watch us, and yourself for the interview. We need to play more shows, cheers!

So there you go, Paul moves to Spain

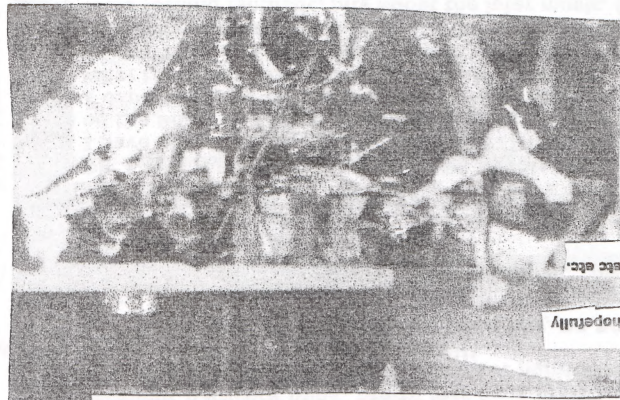
in September but Ocksen plan to carry on and hopefully

meet in europe the for touring/recording etc etc etc.

Hope they don't lose momentum!

www.myspace.com/ocksencore

ocksencore@hotmail.com





OCKSEN

So having heard them on the internet and then noted them as a band I should check out live, I deemed worthy of a play, needless to say I was blown away by their direct short sharp blasting times and so this interview was the result..... Need I say more? Fuck no.

1. Pardon me ignorance but Ocksen???? What does it mean? What made you choose the name?

Also a quick who's who would be good..

1. Ocksen are Paul (drums & vocals), Bob (guitar & vocals), Tom (guitar) and Chas (bass)

POWER  
VIOLENCE



I

We'd yet to decide on a name before our very first gig and we were struggling to find a name that didn't immediately shout out "grindcore" or "hardcore", and the names we were coming up with were just getting progressively worse, then Chas suggested "Ocksen" (German for cock) after reading a spike milligan book... we just kinda liked the name and went with it, so yeah, it doesn't really mean anything or have a hidden context or anything else out/ or that you plan to have cut soon?

2. So someone passed me a cd-r of your last recording (its got 12 tracks on it) I presume this is your contribution to the European Fastness comp I heard about, give us some details on this and do you have anything else out/ or that you plan to have cut soon?

2. 1277 there should be 13 tracks!! hah!! anyway... yeh they were recorded, mostly, for the European Fastness compilation cd with a den of robbers, Xeros, the afternoon gentlemen and abbaah, which is due for release in July. That came about for us through ethno from a den of robbers, we played a gig with them and he asked if we'd like to contribute a few tracks to the compilation; naturally we said yes, recorded a few tracks in the lizard lounge (stoke) and it went from there. I recorded 13 tracks but only the first 6 off the cd-r were actually used, hence the copious number of samples early on in the recording. There really aren't enough samples these days, not like in the mid-nineties, and we wanted to bring them back.

We're still a new band so that's our first release, but we've got the next record recorded that weren't needed for the comp which we're hoping to release, as well as a number of new songs in the pipeline.

3. I literally got given the cd-r no song titles or lyrics/explanations of the songs, can you give an overview of what you scream about or maybe just a couple of examples of what those songs cover?

the cd-r,

there and the song titles etc didn't really seem to matter on but we just wanted to get the music out the tracks all have titles and lyrics

generally speaking, the lyrics are about generic hardcore / grindcore topics such as how human domination is destroying our world, self loathing, and general misanthropic sentiments, you know - the usual upbeat and happy-go-lucky stuff



first and last tracks were the best, the

rest of it was rather average.

POPPELGATAN 6 / S-385 32  
TORNAS / SWEDEN.

NATIONAL DISASTERS And I.

Begins... CD

Crust from Mexico. The first time I

listened to this I hated it! What about

modern epic crust in the Fall Of Efraim

now? Well still not keen. This is

plus Alex's screamed vocals, in fact to

say screamed doesn't really sound

unpredictable or challenging

grindcore then this is where to look. I

even liked the slower parts on this EP

(there are some). Work that one out! I

think the more recent split CD with

Kill A Celebrity is even better - the

sound is better and Alex's vocals are

more prominent, near.

IGNORE THIS RECORDS / 9

THURSFIELD PLACE / NORTON

ST6 8HD.

PASSIV DODSHJALP s/CDB

Some more crustcore from Sweden -

hey I like this one! Tight as hell

musician and there's some serious

evil sounding heavy rhythm sections

for me. They're good enough to vary

the different styles of crust and metal

and pull it off. Hope to hear more!

HALVFABRIKAT RECORDS

action in yer lives?"

in the bin and get some real rock

ACTIVE REBELLION. (multi label

co-release)

Modern crust punk from Sweden.

Mostly fast paced typical of the style,

but with some slower drawn out parts

too. I'm sure this one is selling well

but I found it too generic and boring.

Its not a bad record, its just being

done by so many bands and it has to

be done brilliantly to stand out from

the crowd.

HALVFABRIKAT RECORDS

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Decay 7"EP

Sheer insanity from

Krupskaya... its hard to find musical

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IGNORE THIS RECORDS / 9

THURSFIELD PLACE / NORTON

ST6 8HD.

PASSIV DODSHJALP s/CDB

Some more crustcore from Sweden - hey I like this one! Tight as hell musician and there's some serious evil sounding heavy rhythm sections for me. They're good enough to vary the different styles of crust and metal and pull it off. Hope to hear more!

HALVFABRIKAT RECORDS

Decay 7"EP

Sheer insanity from

Krupskaya... its hard to find musical

styles that have not been done before

And I.

NATIONAL DISASTERS And I.

Begins... CD

Crust from Mexico. The first time I

listened to this I hated it! What about

modern epic crust in the Fall Of Efraim

now? Well still not keen. This is

plus Alex's screamed vocals, in fact to

say screamed doesn't really sound

unpredictable or challenging

grindcore then this is where to look. I

even liked the slower parts on this EP

(there are some). Work that one out! I

think the more recent split CD with

Kill A Celebrity is even better - the

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HALVFABRIKAT RECORDS

action in yer lives?"

in the bin and get some real rock

ACTIVE REBELLION. (multi label

co-release)

Modern crust punk from Sweden.

Mostly fast paced typical of the style,

but with some slower drawn out parts

too. I'm sure this one is selling well

but I found it too generic and boring.

Its not a bad record, its just being

done by so many bands and it has to

be done brilliantly to stand out from

the crowd.

HALVFABRIKAT RECORDS

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## REVIEWS

Loads of backlog stuff to review as usual and not much space this time - think 8 pages just of reviews and nothing split wouldn't make a very interesting split to HOPE! Working on next issue so with the mighty YOU CAN'T SAY NO that'll have tons of reviews. Apologies to people who've sent stuff ages ago - stuff reviewed here isn't necessarily the oldest stuff - I just picked stuff at random out of the box and reviewed what I liked - fuck it!!

**I.C.H. You Won't Like It CD**

Well I did! Good stuff this, its quite old now and I've seen it reviewed in lots of other zines so you'll probably know all about it already. Cross between anarcho and 'modern' punk, say like Rancid meets Conflict. Nice to see

Coloiba are a longtime tuncful hardcore punk band from Puerto Rico with a female singer, who along with her husband who founded the band, relocated the band in 2007 to New York, recruited 2 new members, from what I can gather this recording was done partly in Puerto Rico and in New York, so I don't think it's the latest lineup. Anyway compared to their previous CDs its still tuncful punk

being in Spanish, but maybe a little less hardcore/anarcho sounding, and a bit slower, with the trademark vocals giving a real Jingo De Lunch type sound... and on the recording the guitar has a much fuzzier sound which I wasn't overkeen on. Look forward to their next release with the latest band members. Iaina's vocals are definitely the standout of this band.

**WAR/SYSTEM / DESCENT TO HELL**  
www.myspace.com/coloibapunk  
War/System from the Midlands is a band I've seen live loads of times now at various venues, awesome new band and I think this CD is their best yet at trying to capture their live sound. Their new drummer is on this recording too, 6 tracks of heavy sounding old school crust punk, and I mean crust punk, not metal. Fuckin live always puts 110% into it. Political lyrics but a hatred of religion comes into the songs a lot!

**WAR/SYSTEM / DESCENT TO HELL**  
www.myspace.com/coloibapunk

Such is my chaotic life that I don't think I even played this when I received it, but just played it twice today and its awesome! I've never distilled anything on the awesome KAMASSET LEVYT label... old style Finnish punk is the order of the day here. Fans of KAAOS and RUSTEY take note, although probably not as raw as those bands its in that style, mid-paced and a hint of a



**LAPINPOLTHIAVI s/t 7"EP**

tune in places. Like it! KAMASSET LEVYT RECORDS / VALIKATU 28 A 2 / 33240 TAMPERE / FINLAND.

**DETONATE S/T 12"**

8 tracks from Minneapolis... well if you wanted to start a band there and impress the Profane Existence crew, this is the sound you'd go for, stripped down furious crust punk with no boring modern crust in sight! Screamed female vocals, I am right into this, although the vocals did annoy me by the middle of side 2! Just checked em online though and since this record they have a new singer... I will wait next recording. This is well worth getting though.

**DISTORT REALITY RECORDS / P O BOX 80338 / MINNEAPOLIS / MN 55408 / USA.**

**COJOBA Mas Alla Del Cielo CD**

Coloiba are a longtime tuncful hardcore punk band from Puerto Rico with a female singer, who along with her husband who founded the band, relocated the band in 2007 to New York, recruited 2 new members, from what I can gather this recording was done partly in Puerto Rico and in New York, so I don't think it's the latest lineup. Anyway compared to their previous CDs its still tuncful punk

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crust punk but more metal influenced and grinding (but not fast). To be fair to finish a great song by END OF ALL - a slow but heavy atmospheric crust number with piano. Think the

though I've only heard the Descent To Hell tracks twice whereas War/System are familiar, think it could grow on me, there's some variation there in the crust punk style, but at the same time I disliked a couple of the songs cause of the meanly guitars, I am being picky though, you should still check it out its better than most stuff out there! Oh, by the way Descent To Hell have now split www.angrycenserecords.co.uk

**WAR/SYSTEM / DESCENT TO HELL**  
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# Good recipes

Hi Folks - Here's a couple of good recipes and they are meals were regularly make and enjoy, even though my gf is not vegetarian she still enjoys these regular treats. I want to make a recipe page in each future issue - I mean we all have to eat and vegetarianism/veganism is still a strong part of our 'movement' (using an old phrase there!) so something we all mostly have in common surely (?) along with the punk, noise, DIY etc etc.. let me know any feedback and if this page is useful, if so I'll make it a regular feature. Both these dishes are veggie and can be easily made vegan, if they're not already.

## Broccoli and walnut spaghetti (serves 4)

- 350g/12oz spaghetti
- 225g/8oz broccoli, florets
- 4tbsp olive oil
- 1 small onion, chopped
- 1 garlic clove, crushed
- 50g/2oz walnut pieces, chopped
- 50g/2oz fresh white breadcrumbs (we usually just use slices of bread torn up, it tastes better)
- 1 tsp dried chilli flakes
- 1tbsp walnut oil (ordinary oil does the same job)

Cook the spaghetti in boiling water for 5 minutes. Add the broccoli to the pan, return to the boil and cook for another 5 minutes until both are tender.  
Meanwhile, heat half the oil in a frying pan, add onion and garlic and cook for 2 minutes until softened. Add the walnuts, breadcrumbs, dried chilli flakes and walnut oil and cook, stirring until the breadcrumbs are golden brown.  
Drain the pasta and broccoli. Return to the pan, add the remaining oil and stir to combine. Serve on to plates and scatter the bread crumb mixture over the top



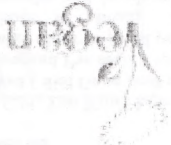
## Sweet potato, okra and aubergine curry

These 3 main ingredients make a great curry.. its beautiful. The recipe below I found on a website is done differently to how I've done it, but I'm sure its yummy! I cheat with curries and usually use curry paste!  
Fry an onion (chopped) in oil until soft. Add 1 tbsp mustard seeds, 1 small piece of fresh ginger (finely chopped) and 2 cloves garlic (chopped). Fry for minutes, then add in 1 fresh green chilli (deseeded chopped), 1 tsp ground cumin, 1 tsp turmeric, 1 tsp coriander, 1 tsp garam masala or curry powder, 2 puree and a little water to make a paste. Cook for minute and then add 1 aubergine (cut into cubes), 1 fresh okra (sliced into 2cm long pieces) and 2 sweet (cubed). Add a pint of stock and 1 tbsp mango Simmer until the vegetables are cooked. Stir in a 1 - from a block of creamed coconut (chopped into smaller pieces) and let it dissolve.



- another 2 and finely ground
- 1/2 tsp tomato
- another 400g pack potatoes
- chutney.
- inch piece

ENJOY! Next issue I hope to focus on recipes with allotment produce, but as I make stuff up as I go along I need to sit down and write up the recipes!





**RIPPING THRASH zine,**  
**Steve, P O BOX 152, BURTON-ON-**  
**TRENT, STAFFS, DE14 1XX, ENGLAND**  
**Web: [www.rippingthrash.com](http://www.rippingthrash.com)**  
**Email: [steve@rippingthrash.com](mailto:steve@rippingthrash.com)**

**BACK ISSUES:**  
 #25 (split with Hell And Damnation) - still have plenty of copies left  
 VI Grues Oss etc etc.  
 Still got plenty of these left so any distros/traders get in touch!

**Info & for a list:**  
 We've just put out a new release - AFTER THE LAST SKY / S.A.T.A.N. split  
 7"EP. £3.50ppd in the UK (cheapest we can sell it for due to  
 increased prices at the vinyl pressing plants)  
 Get in touch if you wanna swap our releases for yours or if you can  
 help with distro!

**Also, ask about our low-price CDR duplication service.**  
**WANTED:** I am hoping to do Ripping Thrash a bit more regularly  
 again in future. Contributions will help achieve this so please send  
 your stuff! 2010 session produced. Get in touch for  
 more info!  
**THANKS!**  
 Especially to Jon for agreeing to do this split zine - it should have  
 been out in April/May but surprise surprise I held things up by not  
 getting my act together! So sorry Jon for keeping you waiting. Thanks  
 to Matt from After The Last Sky for the Ocksen interview, and to Mel  
 for guest reviews (apologies again cause these should have been in  
 the last issue!).

**Soundtrack to finishing this last issue:**  
 Bastard (Japan) CD, Bad Brains - various, and one song by Bambix.  
 Being as we're on B, next up will be the Bastards from Finland!  
**PLANNED:**  
 #27 is planned early 2009 and a lot of the pages for this issue are  
 done!  
 Also 2 other issues in mind, which will be a new issue of the omnibus  
 (get in touch if you want to take part), and also the old/new issue I've  
 been planning for some time which will more than likely be out 2011  
 and be combined as a 25 year anniversary issue - fuck me I've been  
 doing the zine since 1986 and I still ain't got the hang of it!!!

**BLURB:** Hello again happy campers! How's it going? Well so  
 much for this issue being out in a month or 2 after the Hell and  
 Damnation split issue. Well how can it take so long to only do 8  
 fucking pages, one of which is a cover, and 3 pages were  
 donated to me by other people!!!  
 At times, I thought this issue was never going to happen (thanks  
 Jon for your patience!)... for various reasons. One of which is  
 just my continual pursuit of too many interests in not enough  
 time, and my complete inability to manage time effectively, I  
 seriously underestimate how long everything will take me! To be  
 fair, previous year I was on a career break so I had lots of time,  
 summer 2009 was back to the usual full time work, while also  
 getting stuck into the allotment again (good growing season this  
 year, especially spring, it was well rewarding this year - best  
 yet!)... plus the usual gigs, sundries picnics and plenty of travelling.  
 I make no apologies for spending time outside of work and  
 outside doing the zine, by travelling... one thing that being off  
 the previous summer and going to Peru, it made me realise that  
 sometimes I get too embroiled in work and in doing the

zine/distro and that I maybe don't take enough time for myself,  
 and that you only have one life, and I certainly intend to make  
 the most of it and definitely wanna travel more, whether its  
 travels done in punk/DIY way or a typical beach holiday in Spain,  
 or whatever else, I don't care. All is good!  
 Having said all that, the enthusiasm for doing the zine is still in  
 me, maybe surprising with all these other things going on... I  
 guess lots would have given it up but I still intend to carry on, I  
 just don't happen to place the same importance on putting a  
 zine out anymore, I am past the stage where I want to spend  
 almost ALL of my spare time outside work to doing the  
 zine/distro/lets, and lets face it, everything would carry on  
 regardless without it, but feedback is sufficient to say that there  
 are still plenty of people who want to read a DIY punk paper zine  
 even in these days of internet!

Dear reader - count yourself lucky! I almost did a handwritten  
 zine for this issue! And my writing is terrible! I've never done a  
 handwritten zine but I almost did. There was a point not long  
 after I put the last issue out that I might have to do that as I was  
 getting constant headaches, and I was not online as often, and  
 was certainly not doing pages for the zine, as being on the  
 computer seemed to make things worse. Turned out I needed  
 glasses for reading, and probably needed them some time ago,  
 but as I'd sort of put up with headaches for a while (put it down  
 to stress a lot of the time!) and didn't notice any obvious  
 deterioration in sight! But now I have glasses for reading and  
 the headaches are less (but not completely gone) so that did  
 contribute to the delays but now I am here and I've not had to  
 test your own eyesight! This issue with my scribbling! But I did  
 its given me the idea that one day I might do that just for a  
 change. But we'll see. Fuck, I had forgotten how good The  
 Bastards were. Classic Finn-core! STEVE 13/12/09.

**THE LUNCATICS HAVE TAKEN OVER THE ASYLUM** - Barack  
 Obama - Nobel peace prize winner? What is all about? I  
 cannot believe it! He's only been President 2 minutes! A lot of  
 promises about a shift in emphasis, but has much changed since  
 Obama came into office? Not so far as I can see. Kinda odd that  
 around the same time as winning the prize, he sends more  
 troops to Afghanistan. So it seems acceptable these days to go  
 to war as long as you say the only reason for war is that its to  
 make peace! Well any dickhead can say that! Maybe Saddam  
 Hussein said that before gassing the Kurds?!! It seems  
 everything is the wrong way around. And if the West starts a  
 war its somehow more acceptable than if a small far off country  
 starts one, well of course we're the West and we're always  
 doing it for the right reasons so that's OK then. There seemed  
 to be a big hope when Barack Obama was elected, and big  
 media hype, but me, I cannot understand what all the fuss is  
 about. US foreign policy has not changed that much. Big anti-  
 climax. I see the big oil companies now got their contracts for  
 the Iraqi oilfields. That will really help the average Iraqi in a  
 war-torn town to rebuild their life, with all the money/profits  
 going out of the country. Fuckin capitalism! I've never heard  
 any mainstream media commentator say "shouldn't the Iraqis  
 be running their own oilfields?"  
 I see Blair has been giving evidence at the Iraq War Enquiry. He  
 would have gone to war anyway even if he knew there were no  
 WMDs (in Iraq), so really any excuse would do. He is a careerist  
 warmonger and no better than Maggie Thatcher in 1982 with  
 the Falklands war. I'm surprised "Tone" hasn't been given the  
 nobel peace prize as well.



NG THRASH #26

records, guest reviews (better than mine), & some nice recipes to warm your tummy!

RIPPING THRASH #26 WINTER 2009/2010

RIPPING THRASH